

# Resistant Headlice Management

## Method

- Wet hair
- Apply conditioner
- Use 'nit comb', thoroughly comb hair close to the scalp
- Wipe comb onto a paper towel (or wash in running water) after each sweep to remove any nits
- Change and/or observe pillow case, sheets for nits



## Bug Busting

Repeat every **FIVE DAYS** for up to a month, when no more nits should be present from combing. Then, ongoing routine monitoring and early detection is best!

## Rationale

Nits are continually removed by thorough combing before becoming sexually mature egg laying adults. Any eggs present that are viable hatch, grow and are removed when large enough for the nit comb, but still too immature to lay eggs. The cycle is broken - no new eggs can be laid, non-viable (sterile) eggs grow out in the hair.

### This system is:

- simple
- cheap
- effective if thorough
- chemical free
- not affected by resistance to chemical treatment
- But **requires commitment and thoroughness**

